

	Health and Wellbeing Board 17th March 2022
Title	Joint Health and Wellbeing Strategy Key Area Two deep dive
Report of	Director of Public Health and Prevention
Wards	All
Status	Public
Urgent	No
Key	No
Enclosures	Appendix I: Overview of Key Area Two presentation Appendix II: Progress report on Key Area Two: Starting, Living and Ageing well
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Summary

Key Area Two of the Barnet Joint Health and Wellbeing Strategy (JHWS) 2021 to 2025 is about residents starting, living, and aging well. Within this key area are five outcomes which are Improve children's life chances, promote mental health and wellbeing, Get everyone moving, Support a healthier workforce and Prevent long term conditions.

This report provides an update to the Board on projects underway to deliver the outcomes of Key Area Two and the work across the council to improve health and wellbeing by helping our residents to start, live and age well.

Appendix I is a presentation containing an overview of Key Area Two projects.

Appendix II is the progress report on key area one and includes progress updates on workstreams, next steps to be delivered and a log of key risk and issues.

Recommendations

- 1. That the Board note the Key Area One overview presentation**
- 2. That the Board note the progress report on Key Area One**

1. WHY THIS REPORT IS NEEDED

- 1.1 This report gives the Board an update on the activity of projects to implement key area two of the Barnet Joint Health and Wellbeing Strategy (JHWS). In addition to an overview of performance indicators for this area the report provides a deep dive into projects that support residents to start, live and age well currently underway in Barnet, including projects relating to the children and young people in the borough. The full deep dive to key area two is included as appendix I of this report.
- 1.2 The first outcome of this area is Improve Children's Life Chances. We have successfully launched our Infant Feeding Pathway which will bring partners together across the council. As part of Improving Children's Life Chances we are supporting projects within schools such as the SMILE project, delivering healthy eating discussions and giving children healthy school food. To further support the aims of this outcome, an Immunisation Co-ordinator has been appointed to help accelerate improvements in local childhood immunisation rates. The next steps for projects under this outcome is to work towards targets set to engage schools and business further in the work that we do, such as recruit up to four schools to take part in the SMILE project after the Easter break.
- 1.3 The second outcome is to promote mental health and wellbeing. This outcome is addressed through projects on improving mental health for adults and children. Campaigns have been taking place and community outreach to men is underway, leading to the first phase of the Suicide Prevention campaign being nearly finished. Work around children and young people's mental health has also been taking place with the Children & Young People Action Plan being strengthened and the CYP Health and Wellbeing Board inputting specific actions into the Suicide Prevention Strategy, overseen by the Suicide Prevention Partnership. Upcoming work will be to formally evaluate the impact of the Suicide Prevention strategy and ensuring that all schools have access to suicide prevention training with a minimum of one Youth Mental Health First Aider.
- 1.4 Get Everyone Moving is the third outcome of key area two. This outcome includes physical activity for adults and children. The final Fit and Active Barnet (FAB) Framework 2022-26 will be presented to Adults & Safeguarding Committee on the 7th March 2022 for endorsement, together with an Implementation plan (2022-23). The implementation plan details a series of actions and workstreams across the FAB Partnership that seek to achieve the vision of 'a more active and healthy borough. In partnership with Public Health Barnet, Middlesex University is currently working across pilot primary schools in Barnet, assessing the impact of participating in Barnet's Golden kilometre on pupils' physical activity and physical literacy levels. The project has received a great response from pupils, parents, and teachers taking part. Barnet not only supports the implementation of the Barnet Golden Kilometre but also supports schools taking up other physical activity and movement

campaigns such as the Daily Mile, 10 Minute Shake up, This Girl Can. Next steps will be for the FAB Framework to be improved and take the learning from the Golden Kilometre research to reshape development of the programme locally.

- 1.5 The fourth commitment of key area two is to Support a Healthier Workforce. Within Barnet we have trained over fifty new Mental Health First Aiders (MHFA), with twenty-five MHFA's receiving a refresher course and fifteen members of staff being trained in suicide reduction. Staff have been supported through initiatives such as staff sports day and the pay day step challenge. Next steps for supporting a health workforce is to continue work and finalise the council's Workplace Health and Wellbeing Strategy and looking to develop an action plan to support businesses in the borough to invest in the health and wellbeing of employees.
- 1.6 The final outcome of Key Area Two is the Prevention of Long Term Conditions. There is an ongoing recovery of the national cancer screening programme, with it on track to recover by March 2022. Alongside this, local organisations and campaigns are being run in partnership with the local Voluntary Community Sector (VCS) to continue to deliver awareness raising messages. The Integrated Care Partnership (ICP) Inequalities workstream is in place around cardiovascular disease (CVD) Prevention, with a Task and Finish Group being established and a draft CVD Prevention Programme and action plan being worked on. Future work in this outcome looks to conclude the initial phases of cancer awareness and review the impact before planning the next phase. Furthermore, the council will look to commission and launch the community health screening by early 22/23.

2. REASONS FOR RECOMMENDATIONS

- 2.1 The contents of this deep dive showcase the progress to date of the projects to implement the JHWS that was approved in July. This report showcases the partnership working that will improve health and wellbeing for all who live work and study in Barnet. This update also provides the opportunity for the Board to engage with these workstreams and ensure its continued active role in implementing the JHWS.

3. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED

- 3.1 Not applicable

4. POST DECISION IMPLEMENTATION

- 4.1 For the duration of this strategy, regular updates will be provided to the Board by the Director of Public Health and Prevention. These updates will give the Board oversight of the key performance indicators (KPIs) and implementation

plan for the strategy. Following this report, a separate deep dive for the one remaining strategy key areas will be presented to the board in due course.

5. IMPLICATIONS OF DECISION

5.1 Corporate Priorities and Performance

5.1.1 This report provides updates on key projects and outputs for key area two of the Joint Health and Wellbeing Strategy (JHWS). This deep dive provides narrative updates on workstreams linked to the priorities and aims of the JHWS. This includes projects which further the shared priorities of the JHWS and aligns with the Barnet Corporate Plan.

5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)

5.2.1 Implementation of the JHWS will need to be affordable and funded within the existing budget and staffing from the (non-Covid-19) PH Grant and wider system.

5.3 Social Value

5.3.1 Not applicable for this report.

5.4 Legal and Constitutional References

5.4.1 Developing a JHWS is a statutory responsibility of the Health and Wellbeing Board, as set out in the Local Government and Public Involvement in Health Act 2007 (as amended by the Health and Social Care Act 2012). This report is an update on the progress of activities within the JHWS.

5.4.2 Article 7 Committees, Forums, Working Groups and Partnerships of the Council's Constitution sets out the terms of reference of the Health and Wellbeing Board which includes the following responsibilities:

- To jointly assess the health and social care needs of the population with NHS commissioners, and apply the findings of a Barnet Joint Strategic Needs Assessment (JSNA) to all relevant strategies and policies.
- To promote partnership and, as appropriate, integration, across all necessary areas, including the use of joined-up commissioning plans across the NHS, social care and public health. To explore partnership work across North Central London where appropriate
- To work together to ensure the best fit between available resources to meet the health and social care needs of the population of Barnet (including children), by both improving services for health and social care and helping people to move as close as possible to a state of complete physical, mental and social wellbeing.
- Specific responsibilities for overseeing public health and developing further health and social care integration

5.5 Risk Management

5.5.1 As part of the risk management for the JHWS implementation plan, there is a risk register which is regularly reviewed to ensure that risks are effectively managed and escalated as appropriate. Risks associated with the delivery of projects related to this key area are identified in the appendix with mitigations

where required.

5.6 Equalities and Diversity

- 5.6.1 A whole systems approach to prevention has been taken along with health and care integration with a focus on health inequalities which persist amongst groups with protected characteristics.

5.7 Corporate Parenting

- 5.7.1 Whilst there is no direct impact on the council's corporate parenting role as a result of the HWBS development, the actions set out in the plan do provide opportunities to support the council's role as corporate parent through the health and wellbeing improvement interventions for children and young people residing in the borough including children in care

5.8 Consultation and Engagement

- 5.8.1 Not applicable for this report.

5.9 Insight

- 5.9.1 The KPIs and actions for the JHWS have been chosen with evidence and data at the forefront of decisions. Different sources of data have been used and identified to best demonstrate how we are performing against the goals of the strategy. These have been sourced from across the health sector and include the JSNA Fingertips and the Public Health Outcomes Framework.
- 5.9.2 The KPIs within Key Area Two have been amended from the original approved by Board, inline with the approval to update with continuous reviews to ensure we are monitoring the correct KPIs.
- 5.9.3 Looking forwards, to the implementation of the strategy, data will continue to inform the actions that are performed across Public Health. Any issues identified within the data currently available to the council, will be monitored and actioned as appropriate, striving for equality in health regardless of background, race, religion, gender. The KPIs will be informed by data and monitored accordingly.

6. BACKGROUND PAPERS

- 6.1 Final Joint Health and Wellbeing Strategy Key Performance Indicators 2021-2025. Available at:
<https://barnet.moderngov.co.uk/documents/s66682/Board%20Paper%20HWBS%2022.09.pdf>